

August 2026 NEWSLETTER



IN THIS ISSUE

See updates from the Scw'exmx Child and Family Teams! See photos from the Nicola Valley Youth Gathering, the quarterly wellness day, and women's group! Learn nte?kepmxcín and nsyilxcən terms for August harvesting!

Find out what our amazing Teams have been getting up to as well as employment, training, and funding opportunities that are available!



Mission

We are all somebody’s seventh generation. We are committed to work with our communities to create the necessary change to ensure children currently in care have the advocates they deserve and seven generations from now, the need for a child welfare system will no longer exist as our families will be whole and healthy.



tekm míns | tá k’wúl’əm - Our Call to Action

We are at a critical moment in time. A great deal of change is taking place within the current political climate in which we exist. Bold steps are required to actualize the changes necessary for the communities we represent. For the first time since colonization, our action will fundamentally alter the foundation upon which outside governments have imposed political interests of assimilation through the systemic removal of our children.

For generations, our children have been the ones on the front line of federally and provincially legislated cultural genocidal regimes. Our families and communities were fractured but never broken. To achieve healing, justice and hope for each child ever removed from their parents, families and communities, it is up to us to provide a new reality for generations to come.

Through the wisdom of our ancestors, we have been taught the ways to care for one another. We must work toward a future markedly different from the current state wherein there are more Indigenous children in care now than at the height of the residential school era. While the current system is derived from legislation and policy, not of the Indigenous origin at a community level or otherwise, we undertake the process of decolonization to bring traditional knowledge, guidance and practices of the nte?képmx and syilx people forward in collaboration and guidance of our communities.

It is our responsibility to create the necessary change to ensure children currently in care have the advocates they deserve; and seven generations from now, the need for a child welfare system will no longer exist as our families will be whole and healthy. nte?képmx and syilx ancestors have anticipated this change and passed on their wisdom as we respond to this call to action. This very legacy is now ours to nurture and protect as we build a new platform where today’s children, young people, families and communities will remain together and rekindle their cultural ways of being.

Vision

Work collectively to exercise nte?képmx and syilx inherent rights as we empower children, young people and families.



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SCFSS STRATEGIC DIRECTIONS

CULTURE OF CARING

- Communicate with one voice
- Integrate language and traditional teachings into programs and services
- Grow caregiver networks in alignment with traditional and community values
- Incorporate learning from Elders and Knowledge Keepers
- Return rights and responsibilities to our people through the development and implementation of Governance and Laws

PROTECTION TO PREVENTION

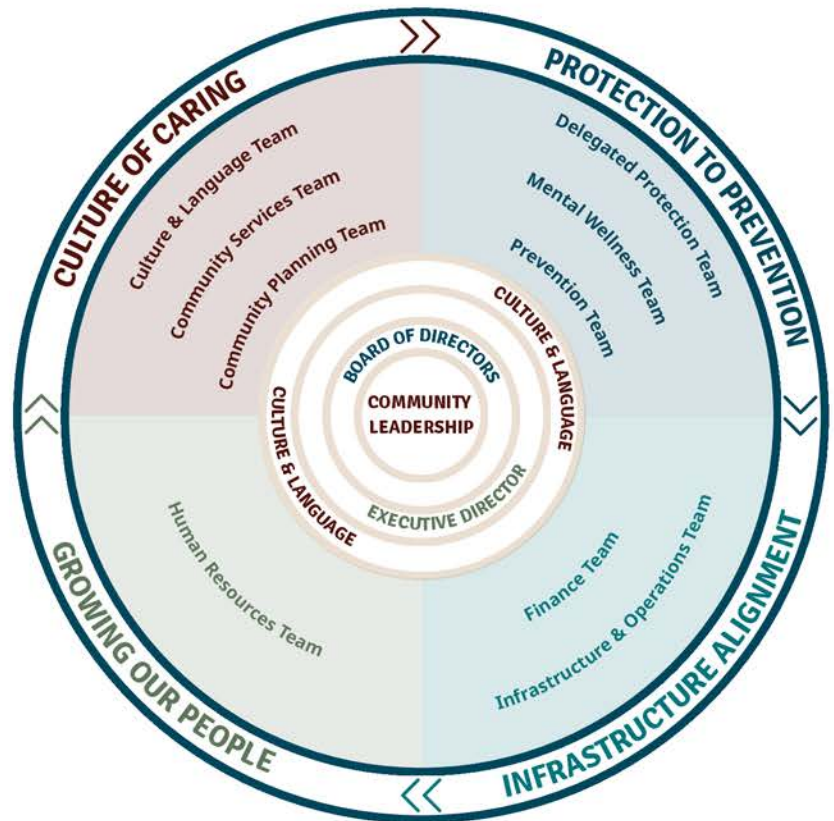
- Bring and keep our children home
- Align programs and services with our vision
- Shift our focus from fear to love
- Build community engagement and capacity
- Build trusting relationships

GROWING OUR PEOPLE

- Engage community expertise to support our vision
- Retain those committed to our vision
- Adopt, embrace, and implement cultural practice frameworks
- Acknowledge Post-traumatic Growth (PTG)
- Build professional capacity

INFRASTRUCTURE ALIGNMENT

- Realign budgets to shift from protection to prevention
- Improve Information Technology support in current and post COVID-19 environment
- Structure change management to achieve our collaborative vision
- Improve prompt management reporting
- Integrate programs and services to build community capacity



Language Resource: August Harvesting

This season we harvest the items below, connect with your knowledge keepers to learn about sustainable harvesting, pronouncing these phrases and the safe uses of these gifts from nature.

Seek out an Elder to share stories of gathering and join us on our next "On The Land" to reconnect with nature and self. The phrases in red are in *nłeʔkepmxcín*, while those in turquoise are in *nsyilxcən*.

		
Oregon Grape	s'cólʔeʔ	s'c̓rsit̓m̓əx
		
Raspberry	sʔeýicqʷ	ʔs̓álaʔ
		
Huckleberry	č̓əlč̓ále	s̓t̓xalq
		
Chokecherry	st̓əpt̓eɸ̓useʔ	ʔx̓w̓ʔa̓x̓w̓

"Take a quiet walk with Mother Nature. It will nurture your mind, body and soul."



CULTURE TEAM UPDATES - WOMEN'S GROUP

Mothers Making Moccasins - July 20th and 22nd 2026

Twenty six women gathered at the KLC Gym for two evenings of moccasin making led by Molly Toodlican, Barb Huston and Resident Elder Mary-June Coutlee.

For many of the women, this was their first time making moccasins. With guidance and encouragement from the facilitators, most participants completed their projects and proudly showed off their finished work. Resident Elder Cathy Jameson was also in attendance.

Meals for both evenings were prepared by Martha Chillihtzia. Support from the Child Wellness Team, Mindy Garcia from the Community Team, Journeys Into Tomorrow Transition House, and Culture and Language helped make the gathering a success. The Child Wellness Team also provided child minding, giving mothers the time they needed to complete their projects from start to finish.

The workshop showed that regardless of skill level, with the right support and encouragement, it is possible to learn something new and complete a project with pride. It also gave women an opportunity to spend time together and learn a cultural skill in a supportive environment.



*Elijah Kennedy,
Cultural Program Coordinator*

Participants shared several ideas for future Women's Group activities, and more moccasin-making workshops are being planned. These gatherings will provide more opportunities for women to learn, connect and create together.



WELLNESS COMMITTEE UPDATES - SUMMER SOLSTICE

Summer Wellness Day - July 21st 2026

The Wellness Committee invited staff to Monck Provincial Park for an afternoon focused on personal wellness, reflection and connection outside the workplace.

One of the afternoon's most meaningful activities was an emotional release ceremony. Staff selected a stone and reflected on stress, challenges or other burdens they wished to let go of. They then cast their stones into Nicola Lake as a symbol of release, renewal and moving forward with a lighter spirit.

Staff also participated in a traditional medicine scavenger hunt, enjoyed light refreshments and spent time with coworkers from across departments. Elders Jimmy Isaac and Keith Jager were present for the gathering, which brought together cultural wellness activities, time on the land and opportunities to care for mental, emotional, physical and spiritual well-being.



Approximately 45 staff members attended the session, with each participant receiving a gift package intended to inspire connection with the land. The packages included harvesting-season essentials such as a hat, sunglasses, harvesting bag, gardening gloves, shears, sunscreen, and other useful supplies. Wherever possible, items were purchased from Indigenous vendors, creating opportunities to support Indigenous businesses while promoting culturally rooted and holistic wellness practices with our team.

Staff appreciated the chance to spend time outdoors, connect with coworkers and take part in wellness activities in a relaxed and supportive environment. The session showed how intentional time for reflection, cultural learning and connection can help reduce stress and strengthen workplace relationships.

The positive response highlighted the value of continuing staff wellness initiatives through seasonal gatherings, cultural learning, traditional medicine education and other opportunities that support connection and well-being. A special thank you goes to the Wellness Committee for the thought, care and effort they put into planning the session and creating a meaningful afternoon for staff.



*Daniel Garcia,
It Technician*



SUMMER SOLSTICE WELLNESS DAY PHOTOS





YOUTH TEAM MONTHLY UPDATES

Nicola Valley Youth Gathering - July 1st - 4th 2026

More than 60 youth registered for the four-day Youth Gathering, which brought young people together for cultural teachings, wellness activities, recreation and time in community. Activities held throughout the Nicola Valley supported mental, emotional, physical and spiritual wellness. The final celebration welcomed more than 110 youth, staff, facilitators, families and community members to the Shulus Arbour.

Each morning began at the KLC Gym, where youth checked in before boarding buses for the day's activities. The gathering opened at Glimpse Lake in Upper Nicola, with a little off-road driving required to reach the site. Following a land acknowledgement and opening ceremony, youth participated in the Blanket Exercise, which demonstrated the devastating effects colonialism has had on First Nations people.

After lunch, participants moved between archery, medicine ties, Four Food Chiefs teachings and a presentation on traditional tools and artifacts led by Mike James, the gathering's MC and main facilitator.

The second day took place at Coldwater Indian Band School. Youth heard stories from Elders and explored healthy boundaries, consent, spirit animals and personal goals. A smudging station was also available throughout the day. Once the workshops wrapped up, Levi Bent gave a playful performance that kept the youth engaged and laughing.



NICOLA VALLEY YOUTH GATHERING DAYS 1 PHOTOS!





NICOLA VALLEY YOUTH GATHERING DAY 2 PHOTOS!





YOUTH TEAM MONTHLY UPDATES - CONTINUED



The gathering then travelled to Shackan, where physical activity took centre stage. Youth played hand games, knobby ball and took part in a fitness circuit before enjoying bowls of chili together. A visit to the Shackan greenhouse gave them an opportunity to plant raspberry plants and take them home.

In Nooaitch, participants joined Elders for a nature walk, played lacrosse and took part in more knobby ball. Youth were also invited to participate in a cold plunge and water teachings that challenged them to step outside their comfort zones.

For the final celebration, youth, families and community members came together at the Shulus Arbour in Lower Nicola. A large knobby ball game, earth ball and a dunk tank kept people active, while Kiva Morgan Hall performed and answered questions. A food truck served Indian tacos and bannock burgers throughout the day. Youth also received wellness bags and custom hoodies created through a partnership with 378 Boardshop.

One of the most meaningful moments gave youth an opportunity to give back. Food, toiletries and other essential goods were arranged in the centre of the arbour, and youth selected items to give to community members of their choosing. Mike James shared a teaching about the importance of gift-giving, and community members left with bags filled with useful supplies.

Door prizes, recognition for youth and staff, and the distribution of the remaining custom 378 SCFSS hoodies brought the gathering to a close. Youth shared that some of their favourite parts were making new friends, spending time outdoors and watching Kiva Morgan Hall perform. They also suggested more games, drumming, fishing and powwow dancing for future gatherings.

Over four days and across five communities, youth had opportunities to learn from Elders, connect with culture, try new experiences and build new friendships. Their participation and feedback will help guide future gatherings that continue to bring youth together through culture, wellness and community.





NICOLA VALLEY YOUTH GATHERING DAY 3 PHOTOS!





NICOLA VALLEY YOUTH GATHERING DAY 4 PHOTOS!



YOUTH TEAM MONTHLY UPDATES

Evacuee Support - July 2026

The Youth Team stepped in to support individuals and families affected by the evacuations, bringing supplies and activities directly to evacuees across several locations.

Responding to the requests from community staff, the team visited Sun Peaks, ESS reception centres, RV parks, hotels and the KLC Evacuee Hub, delivering food, snacks, beverages and hygiene products. They also provided clothing, portable chargers, fans and fidgets to help meet people's immediate needs. Support extended to pets as well, with team members picking up and delivering pet food and supplies for families staying away from home.

Along with these essential items, the team created activities that gave evacuees a chance to connect and take part in cultural learning. Pop-up youth activities were offered in Sun Peaks, while medicine pouch kits, beaded headdress kits and colouring books were provided for evacuees to enjoy or take back to their accommodations.

The Youth Outreach Team also facilitated Language Bingo during a dinner hosted at our KLC office (cooked by CNA). The dinner and activities gave people a welcome opportunity to spend time together during a challenging and uncertain period.

By working alongside other teams, the Youth Team helped strengthen the wider emergency response. Their efforts provided practical assistance while creating opportunities for connection, cultural learning and wellness.



*Shay Lee Jack,
Youth Connection Team Leader*

EVACUEE SUPPORT HUB

SCFSS KLC GYM - 2475 MERRITT AVE
AUG 12-14 (WED-FRI), 2026 | 9:00 AM - 4:30 PM

For our Evacuees located in Merritt, we invite you to drop in for supports, below you will see times and dates where we have confirmed supports in place, doors will be open all day.

Supports are being coordinated in partnership with Nooatch, CNA, SCFSS and NLX Health.

- Child and Youth Drop-in Activities:**
 - Wednesday Aug 12th 1-4pm
 - Thursday Aug 13th 1-4pm
- Mental Wellness and Cultural Supports**
 - Friday Aug 14th 1-4pm
- Donation Hub - Support agencies will be bringing some care packages and donations available for evacuees.**
- Community Meals - CNA will be donating dinner Tuesday and Wednesday 4:45-6:30pm**

NOTE: these are not ESS supports, just a place to gather and support each other while communities are displaced
****Additional supports are being coordinated, updates will be shared once confirmed, if you have any questions please call 250-378-2771**

EVACUEE SUPPORT HUB

SCFSS KLC GYM - 2475 MERRITT AVE
AUG 19-21(WED-FRI), 2026 | 1:00PM - 4:30PM

For our Evacuees located in Merritt, we invite you to drop in for supports, below you will see what supports we have in place, doors will be open all afternoon.

Supports are being coordinated in partnership with Nooatch, CNA, SCFSS and NLX Health.

- Child and Youth Drop-in Activities**
- Mental Wellness and Cultural Supports**
 - As requested
- Donation Hub - Support agencies will be bringing some care packages and donations available for evacuees.**

NOTE: these are not ESS supports, just a place to gather and support each other while communities are displaced
****Additional supports are being coordinated, updates will be shared once confirmed, if you have any questions please call 250-378-2771**

SALMON ARM EVACUEE TRANSPORTATION SUPPORT

SCFSS and CNA will be bringing out vehicles in Salmon Arm to support those without transportation in getting food and essentials

CNA will be in SUVs with their logo:
CNA STAFF THURSDAY:
 After 1:30pm, call Desirée at 250-380-2950 for Transportation Support

SCFSS will have a white van:
SCFSS STAFF THURSDAY:
 Call Kathy at 250-313-7671 for Transportation Support

*Desirée Collins: Community CNA
 Janet Knudsen: Community CNA
 Kathy Lewis: Chief Wellness Strategist
 Bridget Labelle: Camp Team Lead*

SALMON ARM EVACUEE TRANSPORTATION SUPPORT

SCFSS and CNA will be bringing out vehicles in Salmon Arm to support those without transportation in getting food and essentials

CNA will be in SUVs with their logo:
CNA STAFF FRIDAY:
 After 1:30pm, call Desirée at 250-380-2950 for Transportation Support

SCFSS will have a white van:
SCFSS STAFF FRIDAY:
 Call James at 250-313-9402 for Transportation Support

*Desirée Collins: Community CNA
 Debra Dinkert: Community CNA
 Alvan Rodomirski: Chief & Support
 Lean Blain: Wellness CNA
 James Isaac Jr: Camp Group Coordinator*



MENTAL WELLNESS UPDATES

Facilitating Boundaries - July 2nd 2026

Youth took a closer look at what healthy boundaries mean during a workshop offered as part of Emotional Wellness Day at the Youth Gathering in Coldwater.

Facilitated by our new Mental Wellness Manager, the session explored physical, emotional, social and digital boundaries. Through discussions and interactive activities, youth learned to recognize their personal limits, communicate their needs respectfully and respond when a boundary is crossed. They also discussed handling peer pressure, navigating challenging social situations, and respecting others' boundaries.

The five youth who participated brought a strong understanding of the topic to the workshop. They spoke confidently about their boundaries and shared practical ideas for responding when others don't respect them. With support from the eight staff in attendance, the workshop provided an environment where youth could express themselves, reflect on their experiences and strengthen their ability to advocate for their well-being.

A key message throughout the session was that setting boundaries is not about pushing people away. Healthy boundaries support relationships built on trust, respect and understanding. They can help people feel safe, protect their well-being and build greater self-respect.



By giving youth the language and tools to express their needs, the workshop supported the wider goals of Emotional Wellness Day. These lifelong skills can support youth in their relationships and everyday lives, while helping them model healthy communication for younger family and community members. As these teachings are shared and practiced, they can support safer, healthier relationships for future generations.



*Desiree Cosman,
Mental Wellness Clinical Manager*





WE WANT TO HEAR FROM YOU

Help shape mental health care for kids and youth in BC

BC Child & Adolescent Inpatient Psychiatry
Standards - 2026

HOW YOU WILL MEET

Online: Microsoft Teams

WHO CAN JOIN

Youth, caregivers & families

BC Children's Hospital and Child Health BC are updating the guidelines that shape how children and youth get mental health care in hospital across BC. If you or someone you love has been through this, your voice matters. We want to know what good care looks like from your point of view.

WHAT WE ARE ASKING

There is no one way to take part. Group meetings are one option, but we want to hear from you in whatever way works best for you. See below for other ways to share.

- Read a few pages before each meeting (about 1 hour)**
We will send you a short section to read ahead of time so you feel ready to share your thoughts.
- Join three online group meetings (2 hours each, optional)**
Up to three sessions on Microsoft Teams, in small groups and/or as a full group. Attendance is not required at every session.
- Tell us what good care looks and feels like**
Share your story and ideas in your own words. There are no right or wrong answers, we want your honest experience.
- Share in the way that works for you**
Written responses, one-on-one conversations, art, storytelling, voice notes; any format is welcome. You let us know what you need!

HOW THE THREE MEETINGS WORK

- Meeting 1: Getting started**
Read a few pages ahead of time, then share your first thoughts with the group.
- Meeting 2: Going deeper**
Look at the next set of pages and build on what the group talked about last time.
- Meeting 3: Wrapping up**
Cover the last pages and put together your group's ideas to share with the care team.

Separate meetings are held for Indigenous participants (First Nations, Métis, and Inuit) and non-Indigenous participants. Meeting dates will be set once we know who is joining.

YOUR TIME

We work around you. Each session involves about 1 hour of reading on your own and up to 2 hours with the project team in whatever setting you're most comfortable in.

Flexible commitment Up to 3 sessions Open to all of BC

WHAT WE WILL — AND WILL NOT — TALK ABOUT

YES! WE WANT YOUR THOUGHTS ON

- What is working and what is missing in the guidelines
- Things we may have missed
- What good care looks and feels like for real families

NOT PART OF THIS CONVERSATION

- How hospitals track or measure their work
- Decisions about a specific hospital or unit

YOU WILL BE PAID FOR YOUR TIME

\$30
per hour

You will be paid \$30 for every hour you take part, including your reading time at home. That is up to **\$90 per meeting** and **\$270 in total** if you come to all three.

WHAT HAPPENS WITH WHAT YOU SHARE

YOUR IDEAS

Your thoughts and words are written up and added to the draft guidelines so the care team can see them clearly.

THE TEAM REVIEWS

A group of health care workers and leaders from across BC reads what you shared and implements your ideas and feedback.

THE STANDARDS ARE UPDATED

The final standards are updated using what families and youth told us, alongside input from health care staff.

WE REPORT BACK TO YOU

You will get a plain-language summary showing exactly how your ideas changed the final guidelines.

Want to take part? Have questions?

We welcome youth, parents, caregivers, and family members who have been through child or youth mental health care in hospital. Indigenous families are especially encouraged to reach out. Contact anyone on our team, we would love to hear from you.

Matthew Thacker
Child Health BC
matthew.thacker1@phsa.ca

Alix Linaker
BC Children's Hospital
alix.linaker@cw.bc.ca



EMPLOYMENT OPPORTUNITIES

Scw'exmx Child and Family Services Society (SCFSS) is family-centered and guided by n̓eʔképmx and syilx traditional knowledge and principles. SCFSS utilizes prevention and protection strategies with the collective goal to keep children with their families and communities. SCFSS recognizes historical challenges and is guided by traditional strength and wisdom to build family and community capacity in a monumental shift from protection to prevention.

As an Indigenous organization serving the n̓eʔképmx and syilx communities, SCFSS prioritizes the hiring of n̓eʔképmx and syilx community members. Following community member priority and pursuant to Section 41 of the BC Human Rights Code, preference may be given to qualified applicants of Indigenous ancestry.



WE ARE HIRING!

- Family Service Team Leader
- IT Technician Tier 1
- Security Guard
- Youth Transition Coordinator
- Youth Wellness Navigator

Check out our newest job postings by visiting:
<https://www.scwexmx.com/employment-opportunities>



APPLY NOW | See our full postings and apply on our website at www.scwexmx.com

EMPLOYMENT OPPORTUNITIES



Upper Nicola Band

Job Posting

Position: Receptionist

Department: Administration

Department Term: Permanent Full Time, 40 hours per week

Start date: Early September 2026

Wage: Grade 2 (\$18.25–\$26.25 per hour)

Reports to: Office Manager

Role: The Receptionist is the first point of contact for community members, employees, leadership, visitors, contractors, and guests entering the Nqilamix Quilchena Community Centre and Administration Office. This position serves as the welcoming face of Upper Nicola Band's administrative operations by providing friendly, professional, and respectful customer service while ensuring the efficient day-to-day operation of the front reception area.

Key Responsibilities:

- Welcome and assist community members, employees, leadership, visitors, contractors, and guests in a professional manner.
- Answer, screen, and direct incoming telephone calls using Elevate phone system and respond to general email inquiries.
- Receive, sort, and distribute incoming mail, courier packages, and deliveries.
- Maintain a clean, organized, and welcoming reception area.
- Schedule and coordinate Community Centre rooms and manage facility bookings.
- Provide administrative support to departmental staff as required.
- Perform general office duties including filing, scanning, photocopying, data entry, and preparing correspondence.
- Maintain accurate electronic and paper filing systems and reception records.
- Assist with preparing notices, posters, and other communications.
- Coordinate meeting room bookings and assist with meeting preparations.
- Support community events, meetings, and programs as required.
- Monitor office supply inventory and assist with ordering supplies.

Qualifications/Experience:

- Grade 12 education or equivalent preferred.
- Previous experience in a receptionist, administrative, or customer service role is preferred.
- Experience working in a First Nations community or community-based organization is considered an asset. Experience handling cash, payments, or point-of-sale systems is an asset.
- Valid BC Driver's License and reliable transportation are considered an asset.

Knowledge/skills/abilities

- Excellent customer service skills with a welcoming and professional demeanor.
- Strong verbal and written communication skills.
- Ability to interact respectfully with community members, employees, leadership, Elders, visitors, and external agencies.
- Strong organizational skills with the ability to prioritize multiple tasks.
- Proficiency in Microsoft Office (Word, Excel, Outlook) and general office equipment.
- Ability to maintain accurate records and perform data entry with attention to detail.
- Ability to exercise discretion and maintain strict confidentiality.
- Self-motivated, dependable, and able to work independently and collaboratively within a team.

Upper Nicola Band thanks all applicants. Only those shortlisted for an interview will be contacted.

Send cover letter and resume by via hand delivery, mail, or e-mail to:

HR - Upper Nicola Band – General Delivery, Douglas Lake, BC V0E 1S0 hr@uppernicola.com

Join our team

LNSS JOB Connection Event

10:00 AM – 12:00 PM

August 27, 2026

Shulus Hall
85 Hwy 8

If you are looking for local and long term. Bring your resume and come on down.

Any questions contact Darcie DeBruyne at (250) 378-5157 or email darcie.debruyne@lnib.net

We're Hiring! JOIN OUR TEAM



Apply Now!

Benefits: Extended health, pension, wellness initiatives, supportive team environment & the opportunity to make a difference in our community.

Please scan this QR code or go to <https://nfxhealth.com/> to apply to join our team! For any questions or concerns, please email us at HR@nfxn.com

We believe in growth, if you have some of the required qualities and are interested in these careers, we still want to hear from you!



WorkBC Employment Services

You're Invited!

Join our Free Self-Employment Information Session

- Explore, refine, and evaluate the viability of your business idea.
- Learn about our 48-week Self-Employment Program & eligibility.
- Understand what it takes to start and run a business.

START YOUR BUSINESS WITH US!

August 11,
September 1,
October 6, and
November 3

Is Your Business Idea Ready for Success? Join Our Session and Find Out!

Let's Chat!
250.828.8772



Canada

BRITISH COLUMBIA

This program is funded by the Government of Canada and the Province of British Columbia.



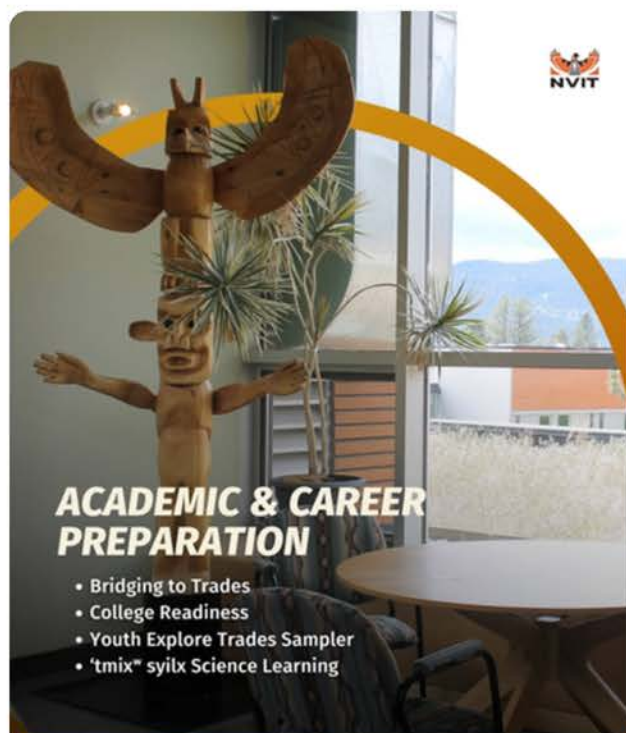
Scw'exmx
Child & Family

August 2026
Newsletter

WorkBC Centre



EDUCATION/TRAINING OPPORTUNITIES



ACADEMIC & CAREER PREPARATION

- Bridging to Trades
- College Readiness
- Youth Explore Trades Sampler
- 'tmix' syilx Science Learning

Learn more at nvit.ca



HEALTH

- Access to Practical Nursing
- Health Care Assistant

Learn more at nvit.ca



TRADES

- Professional Cook 1 and 2
- Residential Construction Foundation
- Carpenter Level 1 and 2
- Electrician Foundation
- Welder Foundation

Learn more at nvit.ca



HUMAN SERVICES

- Indigenous Holistic Wellness and Addictions
- Indigenous Human Services
- Bachelor of Social Work

Learn more at nvit.ca



Focus
Web
Development

Futures
GIS/GPS
Mapping

Foundations
GIS/GPS
Mapping



First
Nations
Technology
Council

FALL COURSES NOW OPEN

Last week, we opened registration for three FREE online training programs:

- Foundations GIS/GPS Mapping
- Focus Web Development
- Futures GIS/GPS Mapping

Whether you're looking to build technical skills, explore a career in technology, or take the next step in your learning journey, these programs offer practical, industry-relevant training in a supportive environment.

Training is free for eligible Indigenous learners ages 18–35 living in BC, but spaces are limited.





FUNDING OPPORTUNITIES



K'én T'ém Scholarship Program

On behalf of K'én T'ém Limited Partnership, the Citxw Nlaka'pamux Assembly is excited to share this new opportunity! K'én T'ém Limited Partnership (KTLP) is proud to support nle7képmx learners, students, apprentices, and community members pursuing education, training, certifications, and professional development opportunities. This scholarship program is made possible through the generosity and commitment of our valued industry, community, and business partners who have contributed funding to help support educational success and workforce development within nle7képmx communities.

Applications will be accepted until October 5, 2026. Following the application deadline, the K'én T'ém Scholarship Committee will review all eligible submissions and select recipients in accordance with the established scholarship criteria.

Successful and unsuccessful applicants will be contacted by email after October 12, 2026. Please ensure that your contact information is accurate and up to date when submitting your application.

k'uk'wscémx' for taking the time to apply. We wish you success in your educational, training, and career journey.

We would also like to thank the generous sponsors that have helped make this opportunity possible:



For more information and to apply please scan the provided QR code or follow the link provided in this post.

For support with the application process please call 250-378-1864 or connect with your community's CEC!



Citxw Nlaka'pamux Assembly

FUNDING OPPORTUNITIES



Citxw Nlaka'pamux Assembly Bursary Program

Are you a Citxw Nlaka'pamux Assembly member who has graduated from high school, a post secondary program or diploma, completed an individual level trades program, or completed your Red Seal/Journeyman certification since 2024? If so you may be eligible for a CNA Bursary!

- **\$500** High School Graduation Bursary
- **\$500** Post Secondary - 1 Year Program Bursary
- **\$1500** Post Secondary Diploma - 2 Year+ Bursary
- **\$500** Individual Level Trades Bursary for each level of Trades training completed
- **\$1500** Red Seal/Journeyman Certification

All certificates or diplomas must have been earned from 2024 to present year to be eligible for a bursary. Each successful bursary application must include:

- A completed Citxw Nlaka'pamux Assembly Bursary form
- Proof of membership (status card from CNA Participating Band)
- A letter requesting the bursary (sample letters are available upon request)
- A copy of official transcript and diploma/certificate

For more information about the Bursary Program or to request a Bursary Application Form please contact: CNA Employment & Training at 250-378-1864 or administration@cna-trust.ca.

Additional Bursary Opportunities

In addition to the Citxw Nlaka'pamux Assembly Bursary Program, we encourage members to also take advantage of these other exclusive bursaries you may be eligible for:



Indspire offers bursaries and scholarships for post-secondary education and skilled trades programs. For more information or to apply please visit: indspire.ca/programs/students/bursaries-scholarships/

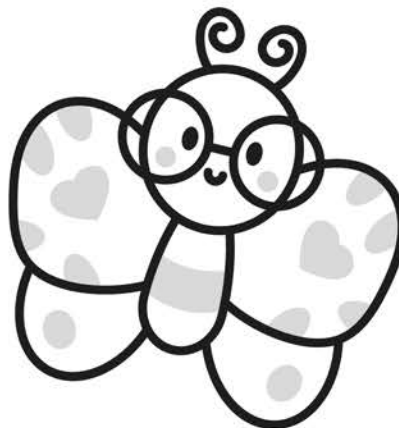
AFOA Canada, in partnership with TD Bank, offers a scholarship program for Indigenous Peoples seeking a post-secondary education. For more information or to apply please visit: afoa.ca/td/



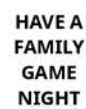
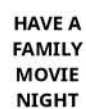
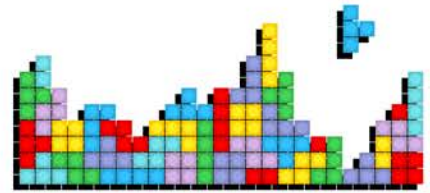
**ALL NATIONS
TRUST COMPANY**

The All Nations Trust Company offers several bursaries tailored to Indigenous Peoples, including an exclusive bursary for Thompson Rivers University graduates and a Grade 12 Bursary for students of School District 73. For more information or to apply please visit: antco.ca/bursaries-and-awards/

For more information about these bursaries or assistance applying for them please contact: CNA Employment & Training at 250-378-1864 or administration@cna-trust.ca.



Complete fun family activities and fill in the grid below!
Bonus block included for you to create your own activity!





Children's Oral Health Initiative (COHI)

Brushing Morning & Night

My name is _____ and I brush my teeth 2 times a day!

Colour in the sun and moon every time you brush, morning and night.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY

SCW'EXMX CHILD & FAMILY NEWSLETTER SIGN UP!



Would you like to receive newsletters
and updates from Scw'exmx Child &
Family? Scan or click the QR code below
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Scw'exmx Child & Family

Child Wellness Concern After Hours? Please Call:

1-800-663-9122

Children's Help Line for Children and Youth

Do you need help?

If you don't feel safe or you have a concern, you can call this number 24-hours a day for free from any phone.

310-1234

Scw'exmx Child & Family Services Society

Office Hours: Monday-Friday 8:30 a.m. - 4:30 p.m.

Downtown Address: 1988 Quilchena Ave., Merritt, BC V1K 1B8

Culture & Language Address: 2099 Nicola Avenue, Merritt, BC V1K 1B8

Mailing Address: 1750 Lindley Creek Rd, Merritt, BC V1K 0A3

Prevention Hub Address: 2475 Merritt Ave, Merritt, BC V1K 1B8

Quilchena Address: Unit #2 - 3512 Highway 5A, Quilchena, BC V0E 2R0

Telephone: 250-378-2771

www.scwexmx.com

Facebook Page: facebook.com/scwexmxchildandfamily



Healthy Children



Healthy Communities



Healthy Families

